

Programme Outcome:

- Students will know and apply discipline specific scientific and theoretical concepts critical to development of physically educated person.
- Students will plan, design and implement learning experiences that facilitate and enhance the growth of learners of diverse needs from varying backgrounds.
- Students will use effective communication and pedagogical skills and strategies to enhance student engagement & learning.
- Students will utilize assessments and reflection to foster student learning and to inform instructional decisions.
- Students will inherit qualities essential to become effective professionals.
- Students will understand the disciplinary content knowledge, application of content knowledge to teaching physical education.
- Students will evaluate self and seek opportunities to grow professionally and humanistically.
- Students will use appropriate technology to enhance teaching and learning and enhance personal and professional productivity.
- Students will foster relationship with colleagues, parents, community and associated agencies to support student's growth & well being.

SEMESTER -1

CORE- BPES 501C(HISTORY AND FOUNDATION OF PHYSICAL EDUCATION)

COURSE OUTCOME:

CORE-1:BPES 501C Learning Outcomes

1. The pass out students would be able to compare the relationship between general education and physical education. 2.
- Students would be able to identify and relate with the History of Physical Education.
3. Students would be able to comprehend the relationship between Philosophy, Education and Physical Education.
4. Students would be able to identify the works of Philosophers of Education and Physical Education
5. Students would know recent developments and academic foundation of Physical Education.

CORE-II:BPES 502C(HUMAN ANATOMY AND PHYSIOLOGY)

COURSE OUTCOME:

1. The student will be oriented with the basic structure and function of human body by identifying, comparing and relating different systems, organs and their functional and structural units.
2. He would be able to relate and interpret the role of exercise on body systems and its relation to well being, through literature reviews and physical conditioning exercises.
3. Adapt the art to apply the knowledge of anatomy and physiology in physical activity classes at school level

4. Construct anatomy and physiology related pedagogical materials exploring their creative imaginations while working in group and using technology

SKILL ENHANCEMENT COURSE (SEC)

BPES 501S (KABADI)

COURSE OUTCOME

1. Kabaddi courses can teach students how to improve their strength, endurance, agility, and speed.
2. Kabaddi's fast pace can help students develop mental toughness, resilience, and decision-making skills
3. Kabaddi courses can teach students how to work together, cooperate, and be a good teammate.
4. Kabaddi courses can teach students discipline, sportsmanship, and how to face challenges with confidence.
5. Kabaddi courses can teach students about the rules and regulations of the game, including the dimensions of the court and the duties of officials, coaches, and captains
6. Kabaddi courses can teach students about strategies for the game, such as time management, systems of play, and when to call time-outs.
7. Kabaddi courses can teach students how to develop teaching practices, such as how to command, control a class, and organize drills

SEMESTER-II

CORE-III: PES 503C (KINESIOLOGY BIOMECHANICS)

COURSE OUTCOME

- 1 Sports and Games practical will give the better physical fitness, skills and performance to the students.
2. Students can understand the rules and interpretation in officiating and coaching.
3. Students will be getting opportunities to participate competitions at different levels.

CORE IV: BPES 504C (YOGA EDUCATION)

COURSE OUTCOME:

1. The students will gain the fundamental knowledge of Yoga.
2. The study will give the importance of different scopes of yoga in life.
3. The theoretical and practical approaches will be learned.

SKILL ENHANCEMENT COURSE (SEC)-II: 503S (SWIMMING)

COURSE OUTCOME:

1. Jumping in from poolside safely
2. Submerging
3. Sinking, pushing away from a wall, and maintaining a streamlined position
4. Learning basic floating techniques
5. Practicing and performing fundamental swimming techniques, such as proper breathing and treading water
6. Building endurance Improving endurance and stamina, Building cardio strength, and establishing a healthy relationship with exercise early in life.
7. Improving water safety awareness
8. Developing effective swimming skills including co-ordinated breathing
9. Understanding how to prepare for exercise
10. Feeling more comfortable and relaxed in an aquatic environment
11. Overcoming fear and anxiety that can be associated with water

SEMESTER-III

CORE-V: BPES 605C(SPORT PSYCHOLOGY AND SOCIOLOGY)

COURSE OUTCOME:

1. The study would orient the student in basic concepts of psychology.
2. The student would be oriented in identifying factors determining one's overall personality.
3. He would understand various laws of learning and their relevance in teaching learning process.
4. The study would orient him in getting through with the psychology of sports person.

CORE-VI: BPES 606C (SPORT MANAGEMENT)

1. The student would understand the concept and importance of management of Physical Education.
2. Student shall gain knowledge regarding management of Physical Education and Sports at different level.
3. Student will be able to organize various Physical Education and sports program.
4. Student would know about various schemes and policies of State & Central Government.
5. Student would know about planning of facility and financial management.
6. Understanding of the competencies and skill of sport manager.

CORE-VII :BPES 607C(HEALTH EDUCATION)

COURSE OUTCOME:

- 1.The student will be able to identify and synthesize the factors that influence health
2. The student will be able to recognize the health related challenges in current time and able to apply the preventive measures.
3. The student will be able to identify the role of peers, community and media in health promotion and protection.
4. The student will be able to demonstrate the expertise in above stated domains in a school setup.
5. The student will be able to value the knowledge and skills required to preserve community health and well-being

SEMESTER-IV

CORE- VIII BPES 608C (ORGANISATION &ADMINISTRATION OF SPORT EVENTSC)

COURSE OUTCOME:

- 1 .Understanding the principles of organization and administration
2. Being able to describe and use different organizational and administrative roles
3. Being able to construct programs for sports and physical education
4. Being able to classify the types of organizational and administrative techniques required for sports and physical education
- 5.Understanding the importance of administration and organization
6. Understanding the factors that influence good administration
7. Understanding the types and procedure of administration
8. Understanding the qualifications and qualities of physical education teachers

CORE-X: BPES 609C (SPORT PEDAGOGY)

COURSE OUTCOME:

1. To understand the philosophy, nature and scope pedagogy in Physical Education.
2. To understand the goals of physical education and sports at different education levels.
3. To acquire the knowledge and skills of teaching and learning.
4. Implementation of teaching and learning knowledge and methods in physical education.

CORE-XI BPES 610(ADAPTED PHYSICAL EDUCATION)

COURSE OUTCOME:

1. Students will develop concept and importance of adapted physical education.
2. Students will gain the knowledge of different disabilities and challenges.
3. Students will orient the various recreational activities for challenged people.
4. Students will understand the different planning for welfare of disabilities.

SEMESTER-V

CORE-XI BPES 711(EDUCATION TECHNOLOGY)

COURSE OUTCOME:

- 1.To understand the concept of technology in education and its implication.
2. To understand the communication and communication skills.
3. To understand the teaching aids and its importance.
4. To understand the teaching techniques and innovative programs.

CORE-XII BPES 712 (MOVEMENT EDUCATION)

COURSE OUTCOME:

1. The students will be oriented in movement concept and themes.
2. The students will understand the fundamental movements and motor skill development.
3. The students will understand the importance of movement development in education.